

## **With Grit And By Grace Breaking Trails In Law And Politics A Memoir**

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### **Grit and Grace**

"Fearless After Fifty: How to Thrive with Grace, Grit and Yoga," is a book of inspiration and instruction for yogis in midlife. "Fearless After Fifty" offers Yoga, Hindu and Buddhist inspiration, scientifically-based research, and practical advice from two international yoga teachers, Desiree Rumbaugh and Michelle Marchildon, the Yogi Muse.

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### **Grace and Grit**

Here is a deeply moving account of a couple's struggle with cancer and their journey to spiritual healing. Grace and Grit is the compelling story of the five-year journey of Ken Wilber and his wife Treya Killam Wilber through Treya's illness, treatment, and, finally, death.

### **Paul**

What do you do when you feel stuck, when your life seems to have taken a detour past your big dreams? Do you just have to deal with it and wait for life to improve or can you make something great out of it? Claire Swinarski, author and founder of the Catholic Feminist podcast, knows that the hard times and dull seasons aren't just something to endure--they're opportunities to grow. In Full Bloom inspires you to see God's grace at work and discover for yourself the grit (and practical strategies) to thrive no matter what life has thrown your way.

### **My Grit, Grace + Gratitude**

Don't we all desire more joy and meaning in our life? Yes, of course! However, as we know, life happens. After collectively experiencing seven out of the top ten

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most stressful life experiences, it became clear to Colleen and Deb that resiliency is born through the three interrelated traits of Grit, Grace, and Gratitude. In this workbook, you will be immersed in thoughtful prompts, a multitude of insights and plenty of fun exercises as you journal your way to learning how grit, grace and gratitude can allow you to live a deeper, more meaning-filled life of presence through understanding yourself from new perspectives. You will reconnect with the strengths already existing within you with this workbook as your guide. Pick a focus a month or journal away all weekend, go solo or grab a friend and uncover your inner strengths. Whichever way you choose to use this book, the next time life tosses you a challenge you'll be saying, "Kiss my grit because I am fearlessly grace-filled and powered by gratitude."

### **In Full Bloom**

In this revelatory and moving memoir, a former NASA astronaut and NFL wide receiver shares his personal journey from the gridiron to the stars, examining the intersecting roles of community, perseverance and grace that align to create the opportunities for success. Leland Melvin is the only person in human history to catch a pass in the National Football League and in space. Though his path to the heavens was riddled with setbacks and injury, Leland persevered to reach the stars. While training with NASA, Melvin suffered a severe injury that left him deaf. Leland was relegated to earthbound assignments, but chose to remain and support

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his astronaut family. His loyalty paid off. Recovering partial hearing, he earned his eligibility for space travel. He served as mission specialist for two flights aboard the shuttle Atlantis, working on the International Space Station. In this uplifting memoir, the former NASA astronaut and professional athlete offers an examination of the intersecting role of community, determination, and grace that align to shape our opportunities and outcomes. Chasing Space is not the story of one man, but the story of many men, women, scientists, and mentors who helped him defy the odds and live out an uncommon destiny. As a chemist, athlete, engineer and space traveler, Leland's life story is a study in the science of achievement. His personal insights illuminate how grit and grace, are the keys to overcoming adversity and rising to success.

### **Grit**

In the 1950s, Betty Roberts did what most of her contemporaries considered audacious and inappropriate when she returned to college as a 32-year-old wife and mother. This was only the start of Roberts lifetime commitment to overcoming obstacles to womens equality. With Grit and By Grace follows Betty Roberts rise from a Depressionera childhood on the Texas plains to become a teacher, lawyer, state legislator, candidate for governor, and eventually Oregons first woman Supreme Court Justice. In this memoir, Justice Roberts reflects on her role as a mother, wife, and political trailblazer. Her story is important to the history of

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womens struggles to challenge prevailing stereotypes, but it is also a deeply personal story of a life sometimes stark, sometimes humorous, often exhausting, and always brightened with friendships and family. Her story is a vivid reminder of times too quickly forgotten, when a woman could not keep her own name or stay at a motel alone. Justice Roberts began her career during a politically complex time the Civil Rights Movement was in full swing, sentiment against the Vietnam War was growing, and the nascent womens movement would soon burst on the scene. During her 13 years as a legislator, she was instrumental in the passage of Oregons first legalized right to abortion and the states ratification of the Equal Rights Amendment, as well as pathbreaking environmental and land-use legislation. Roberts tells her engrossing story with honesty and warmth. With Grit and By Grace is about lifes disappointments and promises, its rejections and rewards, and its demand for the determination and commitment that bring success. Politicians, civic leaders, feminists, and anyone interested in Oregons twentieth-century political history will be fascinated by this recounting of events that influenced the political and social landscape of Oregon and beyond.

### **By Grit & Grace**

In this instant New York Times bestseller, Angela Duckworth shows anyone striving to succeed that the secret to outstanding achievement is not talent, but a special blend of passion and persistence she calls "grit." "Inspiration for non-geniuses

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everywhere” (People). The daughter of a scientist who frequently noted her lack of “genius,” Angela Duckworth is now a celebrated researcher and professor. It was her early eye-opening stints in teaching, business consulting, and neuroscience that led to her hypothesis about what really drives success: not genius, but a unique combination of passion and long-term perseverance. In *Grit*, she takes us into the field to visit cadets struggling through their first days at West Point, teachers working in some of the toughest schools, and young finalists in the National Spelling Bee. She also mines fascinating insights from history and shows what can be gleaned from modern experiments in peak performance. Finally, she shares what she’s learned from interviewing dozens of high achievers—from JP Morgan CEO Jamie Dimon to New Yorker cartoon editor Bob Mankoff to Seattle Seahawks Coach Pete Carroll. “Duckworth’s ideas about the cultivation of tenacity have clearly changed some lives for the better” (The New York Times Book Review). Among *Grit*’s most valuable insights: any effort you make ultimately counts twice toward your goal; grit can be learned, regardless of IQ or circumstances; when it comes to child-rearing, neither a warm embrace nor high standards will work by themselves; how to trigger lifelong interest; the magic of the Hard Thing Rule; and so much more. Winningly personal, insightful, and even life-changing, *Grit* is a book about what goes through your head when you fall down, and how that—not talent or luck—makes all the difference. This is “a fascinating tour of the psychological research on success” (The Wall Street Journal).

## **Unafraid**

There is no mistaking that inequality in the workplace is still prevalent in the form of salary inequity and unequal representation in leadership and board positions. Too often conversations about inequality can lead to men and women believing they are alike. Women and men are not the same, biologically or psychologically, and these differences lead to significant dissimilarities in how each approaches leadership situations. Grace Meets Grit navigates the previously unexplored subject of gender differences in the workplace specifically applied to critical leadership behaviors. Leadership behaviors are what make us all successful in the workplace. They are how we are evaluated against our peers and what we use to solve problems when working in teams. We also know that the most effective organizations work diligently to optimize these leadership behaviors. Through stories of extraordinary, courageous women, Grace Meets Grit shows how to compensate for your innate style by "dialing up" leadership qualities you may not naturally possess. Middleton empowers women, in particular, to embrace their innate qualities and anticipate and apply behaviors expected of their male counterparts to help level the playing field. The end result is fewer misunderstandings in the workplace and higher performance from both individual leaders and teams.

## **Grace and Grit**

A rising star in the Republican Party shares her inspirational memoir of family, hope, and the power of the American Dream. Decades before their daughter surprised the nation by becoming governor of South Carolina, Nikki Haley's parents had a dream. Ajit and Raj Randhawa were well-educated, well-off Sikhs in the Punjab region of India. But despite their high social status, the Randhawas wanted more for their family—the opportunities that only America could offer. So they left behind all they had known and settled in Bamberg, South Carolina (population: 2,500). As the first Indian family in a small Southern town in the early 1970s, the Randhawas faced ignorance, prejudice, and sometimes blatant hostility. Nikki remembers stopping at a roadside produce stand with her father, who always wore his traditional Sikh turban. Within minutes, two police cars pulled to make sure they weren't thieves. But the Randhawas taught their children that they should never think of themselves as victims. They stressed that if you work hard and stay true to yourself, you can overcome any obstacle. The key is believing that can't is not an option. The family struggled to make ends meet while starting a clothing business in their living room, eventually growing it into a multimillion-dollar success. At age twelve, Nikki started to do the bookkeeping and taxes after school. After graduating from college and entering the business world, she watched business owners like her parents battle government bureaucracy and overregulation. Her frustration inspired her to get into politics and run for the state

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legislature. That first campaign, against an entrenched incumbent, led to racial and religious slurs and threats-but Haley, like her parents, refused to back down. She won on a promise to fight for reform, lean budgets, and government accountability, which is exactly what she did-much to the dismay of South Carolina's old guard politicians. Soon she had a reputation as a conservative leader who could get things done. In the same state where her family was once ridiculed, she inspired a diverse grassroots following. In November 2010 she was elected South Carolina's first female governor and first nonwhite governor, and only the second Indian American governor in the country. Haley's story, as told firsthand in this inspiring memoir, is a testament to the power of determination, faith, and family. And it's proof that the American Dream is still strong and true in the twenty- first century.

### **With All Due Respect**

"If the messages in this book were read and acted upon by every pastor and church member, we would have the revival for which Dr. Tozer fervently prayed, and for which many of us are praying today." — Warren Wiersbe "The church should be a healthy, fruitful vineyard that will bring honor to Christ," says A. W. Tozer. But to do so, we as individuals must stop accepting the status quo and get out of our spiritual ruts. In *Rut, Rot, or Revival*, Tozer describes the signs of being in a spiritual rut, the reasons we get into them, how to get out, and, most importantly, why we need to get out now.

## **Messy Journey**

Between 1800 and 1920, an extraordinary cast of bold innovators and entrepreneurs—individuals such as Cyrus McCormick, Brigham Young, Henry Wells and James Fargo, Fred Harvey, Levi Strauss, Adolph Coors, J. P. Morgan, and Buffalo Bill Cody—helped lay the groundwork for what we now call the American West. They were people of imagination and courage, adept at maneuvering the rapids of change, alert to opportunity, persistent in their missions. They had big ideas they were not afraid to test. They stitched the country together with the first transcontinental railroad, invented the Model A and built the roads it traveled on, raised cities and supplied them with water and electricity, established banks for immigrant populations, entertained the world with film and showmanship, and created a new form of western hospitality for early travelers. Not all were ideal role models. Most, however, once they had made their fortunes, shared them in the form of cultural institutions, charities, libraries, parks, and other amenities that continue to enrich lives in the West today. *Out Where the West Begins* profiles some fifty of these individuals, tracing the arcs of their lives, exploring their backgrounds and motivations, identifying their contributions, and analyzing the strategies they developed to succeed in their chosen fields.

## **With Grit and by Grace**

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ADELICIA Grace, Grit and Gumption is not a biography, but an historical fiction based on Adelia's life and historical events of the time. Twenty-one, self willed and ambitious, Adelia steps into the Nashville of 1838, as it is making its transition from frontier town to enterprising city. After her first husband's death, she arguably becomes the wealthiest woman in America. However, her wealth offers little protections against the sufferings of the human heart, and Adelia has her share. She endures the premature deaths of her first two husbands and the deaths of six of her ten children. Structurally, Adelia's story unfolds in five parts, revealing the most legendary aspects of her life: Part I (1838-1846), recounts the drama of the young woman in her twenties, her marriage to Isaac Franklin, his death, the losses of three of her four children, and the unprecedented contesting of Isaac's will, from the Supreme Court in Tennessee to the Supreme Court in Louisiana. Part II (1847-1863) hurls the reader full force into the maturing business woman in her early thirties and forties, her marriage to Joseph Acklen, receiving her inheritance from Franklin, the deaths of three more children, the onset of the Civil War and Acklen's death. Part III (1863-1864) presents Adelia as a mature main-chancer, traveling through battlefields with a mule and wagon, befriending the influential of both North and South, and daringly shipping her cotton crop from New Orleans war-time port to England, taking payment in gold. Part IV (1864) finds Adelia returning to a war-torn Nashville, shockingly discovering that Union General Thomas Wood is occupying Belle Monte. Part V (1864-1867) introduces the dismayed, yet, undaunted heroine traveling to Europe, where in Paris, she is

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hosted by the Countess Eugenie and Napoleon III. After continuing her Post-war tour, she returns to Nashville, rebuilding and establishing herself as doyenne of a city that is both repelled and mesmerized by her. Adelia's universal and timeless appeal is driven by the enthralling adventures of the compelling heroine, and the numerous sub-plots that keep both dialogue and narrative active. Much of the Civil War material, is taken from depositions and logs of both Union and Confederate forces.

### **Running in Heels**

Hang in There, Mama! For those moments when you think you'll never live up to the Supermoms around you—when you're elbow deep in the grind of diapers and laundry and peanut butter sandwiches—you need a good dose of Grit and Grace. This refreshing collection of 90 daily devotions comes from two moms who've found themselves face-to-the-floor in need of encouragement and now offer it to you. Through humor and vulnerability, these short messages of truth remove the filters of perfection clouding your vision and bring clarity to your purpose as a mom. As you read the Scripture and prayer that accompany each day's message, you'll discover more fully who you are in Christ and how to raise your children to reflect His love to the world. In giving yourself grace, you will find you have even more grace to give from the One who is present in your life right now and in every moment.

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### **Adelicia**

From acclaimed members of the Writing Women project from northern Indiana and southern Michigan comes this diverse and inspiring collection of poems, fiction, and personal essays. The poignant voices of Grit and Grace explore issues of religious belief, philosophy, women's grace under fire, young people overcoming challenges, and survivors of discrimination and civil war. Thoughtful, wise, and entertaining, this courageous anthology offers its readers a momentary respite from the cacophony of life.

### **Feminine Genius**

NEW YORK TIMES BESTSELLER • A celebration of American history through the music that helped to shape a nation, by Pulitzer Prize winner Jon Meacham and music superstar Tim McGraw “Jon Meacham and Tim McGraw form an irresistible duo—connecting us to music as an unsung force in our nation's history.”—Doris Kearns Goodwin Through all the years of strife and triumph, America has been shaped not just by our elected leaders and our formal politics but also by our music—by the lyrics, performers, and instrumentals that have helped to carry us through the dark days and to celebrate the bright ones. From “The Star-Spangled Banner” to “Born in the U.S.A.,” Jon Meacham and Tim McGraw take readers on a

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moving and insightful journey through eras in American history and the songs and performers that inspired us. Meacham chronicles our history, exploring the stories behind the songs, and Tim McGraw reflects on them as an artist and performer. Their perspectives combine to create a unique view of the role music has played in uniting and shaping a nation. Beginning with the battle hymns of the revolution, and taking us through songs from the defining events of the Civil War, the fight for women's suffrage, the two world wars, the Great Depression, the civil rights movement, the Vietnam War, and into the twenty-first century, Meacham and McGraw explore the songs that defined generations, and the cultural and political climates that produced them. Readers will discover the power of music in the lives of figures such as Harriet Tubman, Franklin Roosevelt, Eleanor Roosevelt, and Martin Luther King, Jr., and will learn more about some of our most beloved musicians and performers, including Marian Anderson, Elvis Presley, Sam Cooke, Aretha Franklin, Bob Dylan, Duke Ellington, Carole King, Bruce Springsteen, and more. Songs of America explores both famous songs and lesser-known ones, expanding our understanding of the scope of American music and lending deeper meaning to the historical context of such songs as "My Country, 'Tis of Thee," "God Bless America," "Over There," "We Shall Overcome," and "Blowin' in the Wind." As Quincy Jones says, Meacham and McGraw have "convened a concert in Songs of America," one that reminds us of who we are, where we've been, and what we, at our best, can be.

## **Songs of America**

There is a particular kind of insanity running rampant in the world that compels most women to stuff down, ignore, or hide parts of ourselves in order to be acceptable, attractive, or taken seriously. Which doesn't work. It actually ensures we remain unfulfilled, miserable, and at war with ourselves—and that is a war no woman can win. So now comes the good news: There is a path to help you become the woman you are aching to become. This path is unruly, messy, a wee bit naughty, and audaciously asks you trust the very parts of you that you previously warred against. While this path has no script, map, or blueprint, you'll learn to use your sensuous, desirous, wildly feeling female body as a steadfast and trustworthy compass. This is the path of Feminine Genius. To get you started, you'll have the best of guides: women's life coach LiYana Silver. "One of the most enduringly inspiring things in my life," says LiYana, "is to watch a woman slip the Gordian knot of self-loathing, people-pleasing, and over-achieving and become simply and fully herself." Partly an irreverently reverent feminist treatise and partly a non-denominational devotional hymnal to the Sacred Feminine, *Feminine Genius* just might change forever what you know about your body, soul, sexuality, intuition, and power. In these pages, LiYana invites you to: Go deep and reconnect with the powerful parts of yourself you've hidden away Meet your innate genius: the wild, creative, and infallible wisdom of your body Brighten your everyday with hands-on practices Tap into your inner knowing so you can stop second-guessing yourself

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and get clear about your next steps Learn how to embrace your sexuality, emotions, desires, and cycles so you can achieve enormous effectiveness and fulfillment in life Navigate your “dark” and work with painful, difficult experiences in healthy ways Learn how you overuse your “masculine” strengths to the point of personal, cultural, and global breakdown Discover why your “feminine” isn’t weak, but is one of the strongest and most trustworthy parts of you Explore the history, physics, and biology of a universe built for harmony between “masculine” and “feminine” Look in the mirror and see the face of the Goddess gazing back at you If you found a dusty bottle on a shelf of your cellar, there would be only one way to know if it contained an all-knowing genie with the power to actualize your deepest desires: open, and look inside. Feminine Genius is a provocative wake-up call, nudging you to uncork that fabulous flask and find out just how much magic you’ve been hiding. Because you do have a genie in your bottle—and genius in your body. Are you ready to open, and look inside?

### **Grace, Grit and Gratitude**

In 1998, after the author had spent 19 years working in management at a Goodyear plant, an anonymous note showed her that she made 40 per cent less than her male counterparts. So began her decade-long, tumultuous legal battle for equal pay, which ended in January 2009 when President Obama signed the Lilly Ledbetter Fair Pay Restoration Act.

## **Covered Wagon Women, Volume 5**

A devotional journal for the grit and grace that is woven through life. Over the course of a year the ups and downs of our lives weave a pattern that becomes a beautiful tapestry of God's love and care. Our grit and His grace combine to make an extraordinary life out of ordinary days. Dated devotions have ample journaling space for responding or for prayers and plans for the rest of the year.

### **Grit & Grace**

From Grammy-Award winning music superstar and actor Tim McGraw comes a one-of-a kind lifestyle book that melds his personal fitness transformation story with practical advice to inspire healthy changes in readers' lives. Tim McGraw is as well-known for his unparalleled accomplishments in the entertainment industry as he is for his boundless energy—he is the embodiment of vitality and success. But only a decade ago, he found himself struggling with his health. The demands of his meteoric career and life on the road had taken a toll. McGraw came to a crossroads where knew that unless he made his physical health a priority, he would put his personal happiness and professional success at risk. In *Grit & Grace*, McGraw shares his transformation story along with encouragement, inspiration, and real-life, practical advice to help readers become healthy, strong and fit in mind and

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body. For the first time, McGraw will share the details of the mental and physical routine that got him in the best shape of his life. He suggests that there is no magic formula to getting stronger and healthier: it is about making a commitment to do and be better, and holding yourself accountable each day. McGraw didn't follow a playbook or have a squad of trainers overseeing his every step. He describes his way of getting into shape as more "maverick"--tuning into a vision of what you personally want to achieve, staying focused, and putting in the work. McGraw says his physical transformation has ignited a whole-life transformation. "My mind is clearer, my sense of purpose is sharper, and my relationships are deeper. Consistent physical exercise helps me bring focus to my life and to the people who mean the most to me." In *Grit & Grace*, McGraw makes this transformation accessible to anyone, sharing with readers the physical and mental tools they can use to create the life they deserve.

### **The American West**

In 1975, Grace Gawler had a promising future. A brilliant young vet nurse planning to study veterinary medicine, she received a lucrative modelling offer, which would have paid her university fees. Concurrently, her boyfriend lost his leg to bone cancer. Grace was at a vital choice point - either pursue glamorous, well-paid modelling work, while studying to become a vet, or support her boyfriend through his dying months. The latter meant foregoing her personal and financial

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independence - and lifelong dreams of becoming a vet. Grace chose to support Ian. Believing that his cancer was curable, she directed her passion into his healing, dedicating 18-hour days - focussing on juicing, massages, and pain management, whilst researching every cure imaginable. With just a few weeks to live - Ian proposed. Grace accepted, taking him to the Philippines for a healing honeymoon, the beginning of a long road to recovery. He survived and together they established the Gawler Foundation, helping thousands of cancer patients gain hope and lead better lives. Now a mother of four and with Ian in remission, Grace developed her own methods for helping women with breast cancer and authored her first book, WOMEN OF SILENCE, in 1994. Life was good. Disaster struck in 1997; Ian left the family, then her own major health crisis began. Soon the healer of thousands was struggling for her own life. For nine years, she battled on with little support. Horrendously ill, she faced death many times. A beautiful woman, her shining light was almost extinguished. With amazing tenacity, drive, and passion, Grace survived. Near-death experiences have enhanced her passion for living, which bursts through in this book; her enthusiasm for life is contagious. Her only struggle is to contain the adjectives she uses. Now an international wellness leader, this modern day heroine inspires all with her story of GRACE, GRIT AND GRATITUDE.

### **The Road Back**

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Abigail Jane Scott was seventeen when she left Illinois with her family in the spring of 1852. Her record of the journey west is full of expressive detail: breakfasting in a snowstorm, walking behind the wagons to keep warm, tasting buffalo meat, trying to climb Independence Rock. She meets her future husband, Benjamin Duniway, at the end of the Oregon Trail and, in the years to come, finds fame as a writer and a leader of the suffrage movement in the Northwest. Her grandson, David Duniway, edited her trail diary for Covered Wagon Women. This volume includes the equally vivid diaries of other women who rode the wagons in 1852. Polly Coon of Wisconsin recalls trading with the Indians. Martha Read, starting from Illinois, is particularly alert to the suffering of the animals, noting hundreds of dead cows and horses along the way. Cecilia Adams and Parthenia Blank, twin sisters from Illinois, jointly chronicle their once-in-a-lifetime experience.

### **Jewish Wisdom for Growing Older**

From 1910 to 1916, women were not deterred from pursuing and achieving their dreams of traveling across America and exploring the world around them in spite of daunting physical and social roadblocks. This book is the first to tell the stories of five daring women and their women companions as they crossed the country before there were good roads, gas stations, repair shops, or easy communications. Maps of their motorcycle routes included. Blanche Stuart Scott, Della Crew, Effie and Avis Hotchkiss, Adeline and Augusta Van Buren, Rachel Foster Avery are

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the adventuring motorcyclists -- 1910- 1916.

### **Chasing Space**

The New York Times and USA Today bestseller A revealing, dramatic, deeply personal book about the most significant events of our time, written by the former United States Ambassador to the United Nations Nikki Haley is widely admired for her forthright manner (“With all due respect, I don’t get confused”), her sensitive approach to tragic events, and her confident representation of America’s interests as our Ambassador to the United Nations during times of crisis and consequence. In this book, Haley offers a first-hand perspective on major national and international matters, as well as a behind-the-scenes account of her tenure in the Trump administration. This book reveals a woman who can hold her own—and better—in domestic and international power politics, a diplomat who is unafraid to take a principled stand even when it is unpopular, and a leader who seeks to bring Americans together in divisive times.

### **Grace, Grit, Guts**

Grace, Grit, Guts is a stirring step-by-step account of self-discovery, healing, recovery, and transformation. Follow Tracy's journey on her relentless quest to

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heal from her tumultuous life, and how she takes her life from ground zero to a life of contribution, authenticity, and freedom in every sense of the word.

### **Out of Sorts**

Coming soon as a Major Motion Picture Here is a deeply moving account of a couple's struggle with cancer and their journey to spiritual healing. Grace and Grit is the compelling story of the five-year journey of Ken Wilber and his wife Treya Killam Wilber through Treya's illness, treatment, and, finally, death.

### **True Grit and Grace**

From the popular blogger and provocative author of Jesus Feminist comes a riveting new study of Christianity that helps you wrestle with—and sort out—your faith. In *Out of Sorts*, Sarah Bessey—award-winning blogger and author of *Jesus Feminist*, which was hailed as “lucid, compelling, and beautifully written” (Frank Viola, author of *God’s Favorite Place on Earth*)—helps us grapple with core Christian issues using a mixture of beautiful storytelling and biblical teaching, a style well described as “narrative theology.” As she candidly shares her wrestlings with core issues—such as who Jesus is, what place the Church has in our lives, how to disagree yet remain within a community, and how to love the Bible for what it is

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rather than what we want it to be—she teaches us how to walk courageously through our own tough questions. In the process of gently helping us sort things out, Bessey teaches us how to be as comfortable with uncertainty as we are with solid answers. And as we learn to hold questions in one hand and answers in the other, we discover new depths of faith that will remain secure even through the storms of life.

### **Out Where the West Begins**

Here is a deeply moving account of a couple's struggle with cancer and their journey to spiritual healing. Grace and Grit is the compelling story of the five-year journey of Ken Wilber and his wife Treya Killam Wilber through Treya's illness, treatment, and, finally, death.

### **Rut, Rot, or Revival**

Noted historians explore the lives of eleven remarkable women who influenced the West.

### **After This.**

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Chronicles the history of the American West in the twentieth century, tracing economical, political, social, and cultural developments in the region from the turn of the century to the 1980s

### **Grace and Grit**

True Grit and Grace tells the story of a woman's life forever altered by a horrific motorcycle accident that shattered her right leg. Despite the initial recommendation to amputate, she endured 34 surgeries to save it. However, as a sexual abuse and divorce survivor, she determined to save not only her leg, but her career, her dreams, and her dignity. Amberly Lago's unwavering commitment to regain her active lifestyle transformed her tragedy into victory. She motivates readers to find resilience in their own difficulties and is a fierce advocate for others who, like her, suffer from Complex Regional Pain Syndrome (CRPS). Her story proves that any challenge can be overcome with the support of others, determination, a sense of gratitude, and belief in oneself.

### **Can't Is Not an Option**

Offers inspiration and guidance to help you make greater meaning and flourish amid the challenges of aging. It taps ancient Jewish wisdom for values, tools and

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precedents to frame new callings and beginnings, shifting family roles, and experiences of illness and death. For seekers of all faiths; for personal use and caregiving settings

### **Grit and Grace**

Dr. Cliff Self and his wife, Darlene, did not choose their journey; they were thrust into it. After their son, Scott, came out to them as a gay man, Dr. Self and Darlene were propelled along a confusing path that caused them to question their understanding of God and the scripture and eventually to reach deep inside to find the grit and grace to experience miraculous changes. When Scott revealed his true self, the family's world changed. The Selfs had to come to a new understanding of their relationships with one another and to their faith, framed by the conviction that the Bible is the word of God and the authority on how to live. Darlene struggled with shattered dreams, Dr. Self strove to understand the Christian teachings on homosexuality through scripture, and Scott battled with guilt, shame, and addiction until discovering the meaning of self-love and his path to wholeness as a gay man. In this candid and revealing account, all three family members offer inspiration for handling unexpected changes without fear, resolving conflicts between scripture and real life issues, and ultimately living with peace, joy, and purpose. After This is the moving narrative of one family's journey through the healing process of change after their son came out as a gay man.

## **Fearless After Fifty**

Experience the grit and grace of seventeen women of the Bible through creative first-person retellings of each person's story. This book connects preteen girls with the women of the Bible, showing them that they are created in the image of God to do mighty things in this world. Grit and Grace is for girls who long to know where they fit in God's kingdom, who want to know they are made for more than the frilly and frivolous, and that they can make a difference in the world around them. Through stories, reflection questions, and action ideas, the book helps readers become the gutsy, grace-filled girls God made them to be.

## **Grit & Grace**

Matthew Miller had just pedaled up a mountain pass. He was 20, a member of the University of Virginia triathlon club, so fit his resting pulse was 42! He was on top of the world in so many ways, in love, with dreams of attending medical school. And then, cycling along the Blue Ridge Parkway in Virginia, tragedy struck. The real story is not what happened, but what happened after. Pulitzer Prize winning journalist Michael Vitez shares with you the incredible, humbling, miraculous story of Matt's survival and recovery. It is a story, truly, of grace and grit, of an America that shines - families, community, individuals and institutions. The story is as

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gripping as it is inspiring. Ride along! The author first chronicled Matt Miller's story for his newspaper, The Philadelphia Inquirer. The response from readers was so overwhelming – and Matt's continued recovery so remarkable – that Vitez immersed himself in Matt's world. The Road Back is not only about a young man's drive to reclaim his life, but about the the people who rode with him, rescued him, helped him heal, and saw up close his amazing comeback.

### **Grace and Grit**

As women, we struggle to feel like we're good enough because we are bombarded daily with messages that whisper, "Who you are is not okay." We live in a world that tells us we have to look a certain way, live a certain lifestyle, have husbands who fit a certain mold, and have children that excel in every area of their lives. And rather than thrive in the life we have, we strive to create an existence that impresses others. This impossible treadmill leaves us with deep discontentment and a joyless existence. God doesn't apologize for how He created us. And while we're always being molded by our Creator, it's only to shape us for the calling on our life—not so we can fit into a world we were never meant to: "Do not allow this world to mold you in its own image. Instead, be transformed from the inside out by renewing your mind. As a result, you will be able to discern what God wills and whatever God finds good, pleasing, and complete. Love others well, and don't hide behind a mask; love authentically" (Romans 12:2, 9). What if we had the

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confidence to shed our fears and be who God created us to be—stumbles, fumbles, and all—relishing who we are rather than conforming to the world? Using an acrostic for the word AUTHENTIC, author Carey Scott unpacks 9 ways we can find the confidence we need to shine with fearless authenticity: 1. Accept Your Awesomeness 2. Unearth the Untruths 3. Try Loving Everyone 4. Hold on to Hope 5. Extend Forgiveness 6. Never Shrink Back 7. Trample the Negatives 8. Invest in Community 9. Camp in the Word of God Let's link arms and commit to living authentic lives. . .together. Are you ready?

### **Grace and Grit**

A story of coming of age--and coming into grace--in a new book club edition. Running in Heels is an autobiography of the grit and grace that carried a girl through the shadows of her mother's choices and through an abusive marriage. Mary A. Perez narrates her story of survival in the face of hopelessness and forgiveness against all odds."

### **Grit and Grace**

The challenges of moving the elderly from one home to the next are frequently faced by both generations: seniors and their adult children. This book of compelling

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stories about this later-in-life event, often unexpected in its timing and scope, delivers points of view from the parents, adult children, and professional move managers. These real-life issues of communication, downsizing decisions pertaining to personal possessions, and sharing and sustaining memories convey the love, compassion, disappointment, and perseverance experienced by those coping through this difficult transitional time, reminding readers that they are not alone. The grace and grit exhibited in these true stories—from loved ones, friends, and other regular people—will bring solace through inspiration.

### **Grace Meets Grit**

Messy Journey is for parents walking the difficult road with a wayward child. Be inspired to drink the deep waters of peace as you draw closer to the Father of all prodigals. Author and licensed parent and family educator Lori Wildenberg offers practical grace- and truth-filled ways of navigating your relationship with a detoured child—whether they are rejecting faith, dabbling in sin, or wholeheartedly embracing sinful behavior. There is hope. After all, their struggle isn't really with you—it's with God.

### **Grace and Grit**

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Lessons from bossy, caring, fearless, vulnerable, relentless, forgiving, smart, humble women at the top show readers how to fuel strengths, how to be fierce and feminine leaders, and how to nurture their authentic selves. Women need to know it's okay to be kind and assertive. *Between Grit and Grace* will show you that success comes when you are comfortable living in the space between grit and grace—grit meaning being resilient and taking charge of your life (socially-acceptable masculine attributes), and grace meaning showing others mercy (socially-acceptable feminine trait). Author Sasha Shillcutt, MD, a nationally lauded, award-winning physician and speaker, will explain how to give yourself permission to disappoint nice people (and know that you are still a nice person anyway). You'll learn how to stop apologizing for showing your strength and grit, and embrace your grace, too. This is where personal peace lives. Dr. Shillcutt, taught herself how to be a gritty, grace-filled leader and live authentically. Now, she wants to help other women be brave enough to do the same. Her passion is empowering and encouraging women to be brave enough in their professional and personal lives. She believes women cannot be too brave, too kind, too strong, too smart, too funny, too beautiful, or too authentic. Using real-life stories—ranging from women in law and medicine to women in education—the book explains how women can be feminine and formidable. Leadership and lipstick are not mutually exclusive. You'll realize you can be bossy and caring, fearless and vulnerable, relentless and forgiving, smart and humble—and make it to the top. Across the space of ten chapters, you'll learn how to navigate the forces that have shaped the modern

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workplace while doing so with grit and grace. When a woman lives authentically—she succeeds.

### **Between Grit and Grace**

The apostle Paul. The converted terrorist, inspired author, amazing teacher, and patient mentor. This colossal figure strode boldly onto the stage of the first-century world and left an indelible signature of greatness never to be forgotten. His life? Magnificent! And his ministry? Impressive. While assigned sainthood by some today, by his own description he was "the chief of all sinners." No other person in the Bible, aside from Christ Himself, had a more profound influence on his world and ours than Paul. He was a man of real grit, with a firmness of mind and spirit and unyielding courage in the face of personal hardship and danger. Tough, tenacious, and fiercely relentless, Paul pursued his divine mission with unflinching resolve. And God used him mightily to turn the world upside down for Christ in his generation. But Paul's message and his style were also marked by gentle grace. This man, who tormented and killed the saints of God, understood and explained grace better than any of his contemporaries. Why? Because he never got over his own gratitude as a recipient of it. God's super-abounding grace transformed this once-violent aggressor into a humble-but-powerful spokesman for Christ. A man with that much grit desperately needed that much grace. Perhaps that's why Paul's life is such a source of hope for us. If the chief of sinners can be forgiven and

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become God's chosen vessel, can He not forgive and use us as well? He can, if we too become people of both grace and grit. Paul is the sixth of a multi-volume series exploring Great Lives from God's Word and searching them to find the qualities that made them great. Join us for an exciting, in-depth look at this amazing life, as only Chuck Swindoll can describe it: Paul: A Man of Grace and Grit.

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