

Read Free The Surprising Secrets Of Highly Happy Marriages Little Things That Make A Big Difference Shaunti Feldhahn

## **The Surprising Secrets Of Highly Happy Marriages Little Things That Make A Big Difference Shaunti Feldhahn**

EagerZig ZagRadical CandorSecrets of Six-Figure Women30 Lessons for LivingStop Acting RichThe Game of DesireFor Women OnlyLessons from the PrairieStressless SuccessThe Longevity ProjectWhen: The Scientific Secrets of Perfect TimingThe Normal BarTrophy ManThe Empowered WifeThe Land of Stories: The Wishing SpellThriving in Love and MoneyHow to Win at CollegeThe Financial Rules for New College Graduates: Invest before Paying Off Debt—and Other Tips Your Professors Didn't Teach YouRhode Island History!The Cheapskate Next DoorThe Secrets of Happy FamiliesDriveThe Secrets of People Who Never Get SickStrange BedfellowsCharlie and the Great Glass ElevatorThe Surprising Secrets of Highly Happy MarriagesThe Next Millionaire Next DoorFor Men OnlyThe Culture CodeThe Seventh Most Important ThingBuilding a Love that LastsThe Secret Life of the Grown-up BrainThe Millionaire Next DoorThe Good News about MarriageCommitted TeamsFor Women Only, For Men Only, and For Couples Only Participant's GuideThe Surprising Secrets of Highly Happy MarriagesOnly the Crazy and Fearless Win BIG!Always Eat Left Handed

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### **Eager**

You've probably heard the grim facts: Half of all marriages end in divorce. The divorce rate inside the church is the same as outside. Most marriages are just holding on. But what if these "facts" are actually myths? --Publisher

### **Zig Zag**

This entertainingly irreverent book from Wall Street Journal bestselling author and occasional Georgetown University professor Rohit Bhargava filled is with brutally honest secrets of success no one has ever dared to tell you. For anyone sick of hearing you should do what you love, take more risks and make mistakes, this empowering book is like a desperately needed pair of noise-canceling headphones for uselessly obvious advice. Instead, *Always Eat Left Handed* offers a real world, no-nonsense playbook for getting ahead in school, work and life by doing exactly the opposite of what most people tell you. Starting, of course, with eating left handed.

### **Radical Candor**

Can a wife single-handedly bring a boring or broken marriage back to life? This

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improved and expanded edition of Laura Doyle's acclaimed *First, Kill All the Marriage Counselors* features real-life success stories from empowered wives who have done just that—and provides a step-by-step guide to revitalizing your own marriage. Laura Doyle's marriage was in trouble, and couples counseling wasn't helping. On the brink of divorce, she decided to talk to women who'd been happily married for over a decade, and their advice stunned her. From it, she distilled Six Intimacy Skills—woman-centric practices that ended her overwhelm and resentment, restoring the playfulness and passion in her marriage. Now an internationally-recognized relationship coach, Doyle has shared her secrets with women around the globe, saving thousands of marriages with her fresh, revolutionary approach. Practical and counter-intuitive, the Six Intimacy Skills are about focusing on your own desires and transforming your own life—not bending over backwards to transform your husband. Incorporating these skills will empower you to: Attract his attention like a magnet when you relax more and do less Receive affection not because you told him to make more of an effort, but because he naturally seeks you out Feel more like yourself—and like yourself more If you've been trying to “fix” your relationship and it's not working, maybe the problem was never you, or your husband, or even the two of you as a couple. Maybe the problem is that nobody ever taught you the skills you need to foster respect, tenderness, and consideration. With humor and heart, *The Empowered Wife* shows you how to improve your relationship in ways you hadn't thought possible. You'll join a worldwide community of over 150,000 empowered wives who finally have

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the marriages they dreamed of when they said "I do."

### **Secrets of Six-Figure Women**

At a man's fingertips is the tool that will unlock the secret to a woman's mysterious ways. Through hundreds of interviews and the results of a scientific national survey of women, this book demonstrates that women are actually not random and that they really can be systematized and "mapped."

### **30 Lessons for Living**

In Eager, environmental journalist Ben Goldfarb reveals that our modern idea of what a healthy landscape looks like and how it functions is wrong, distorted by the fur trade that once trapped out millions of beavers from North America's lakes and rivers. The consequences of losing beavers were profound: streams eroded, wetlands dried up, and species from salmon to swans lost vital habitat. Today, a growing coalition of "Beaver Believers"--including scientists, ranchers, and passionate citizens--recognizes that ecosystems with beavers are far healthier, for humans and non-humans alike, than those without them. From the Nevada deserts to the Scottish highlands, Believers are now hard at work restoring these industrious rodents to their former haunts. Eager is a powerful story about one of

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the world's most influential species, how North America was colonized, how our landscapes have changed over the centuries, and how beavers can help us fight drought, flooding, wildfire, extinction, and the ravages of climate change. Ultimately, it's about how we can learn to coexist, harmoniously and even beneficially, with our fellow travelers on this planet.

### **Stop Acting Rich**

Encourages readers to take chances in order to achieve true success, in a book that draws on anecdotes from across the spectrum, from Malcolm X's renunciation of violence to Sean "P. Diddy" Combs' launch of his own clothing line.

### **The Game of Desire**

This bestselling resource identifies seven common traits that show up again and again among those who have accumulated wealth. The new edition, the first since 1998, includes a new Foreword for the 21st century by Dr. Stanley.

### **For Women Only**

A leading science writer examines how the brain's capacity reaches its peak in

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middle age For many years, scientists thought that the human brain simply decayed over time and its dying cells led to memory slips, fuzzy logic, negative thinking, and even depression. But new research from neuroscientists and psychologists suggests that, in fact, the brain reorganizes, improves in important functions, and even helps us adopt a more optimistic outlook in middle age. Growth of white matter and brain connectors allow us to recognize patterns faster, make better judgments, and find unique solutions to problems. Scientists call these traits cognitive expertise and they reach their highest levels in middle age. In her impeccably researched book, science writer Barbara Strauch explores the latest findings that demonstrate, through the use of technology such as brain scans, that the middle-aged brain is more flexible and more capable than previously thought. For the first time, long-term studies show that our view of middle age has been misleading and incomplete. By detailing exactly the normal, healthy brain functions over time, Strauch also explains how its optimal processes can be maintained. Part scientific survey, part how-to guide, *The Secret Life of the Grown-Up Brain* is a fascinating glimpse at our surprisingly talented middle-aged minds.

### **Lessons from the Prairie**

Alex and Conner Bailey's world is about to change. When the twins' grandmother gives them a treasured fairy-tale book, they have no idea they're about to enter a land beyond all imagining: the Land of Stories, where fairy tales are real. But as

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Alex and Conner soon discover, the stories they know so well haven't ended in this magical land - Goldilocks is now a wanted fugitive, Red Riding Hood has her own kingdom, and Queen Cinderella is about to become a mother! The twins know they must get back home somehow. But with the legendary Evil Queen hot on their trail, will they ever find the way? The Land of Stories: The Wishing Spell brings readers on a thrilling quest filled with magic spells, laugh-out-loud humour and page-turning adventure.

### **Stressless Success**

So that's what she means! So that's what he's thinking! · Discover surprising little things that have big impact in any relationship. · See what the latest research reveals about differences between men and women. · Master what is most important to the most important person in your life. Whether married or single, with a group or on your own, this all-in-one participant's guide offers you eye-opening insights and practical tips for understanding the opposite sex. Use this participant's guide as a companion with any, or all of, the following: · For Women Only (book and/or DVD study), · For Men Only (book and/or DVD study), and · For Couples Only (using both For Men Only and For Women Only books and/or the For Couples Only DVD) For years, men and women have seen great life change as they used these groundbreaking books in small groups, Bible studies, Sunday school classes, and premarital or marriage counseling. Now this participant's guide makes

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the content even more illuminating. Get ready to know “the other half” in a whole new way!

### **The Longevity Project**

A science-backed method to maximize creative potential in any sphere of life. With the prevalence of computer technology and outsourcing, new jobs and fulfilling lives will rely heavily on creativity and innovation. Keith Sawyer draws from his expansive research of the creative journey, exceptional creators, creative abilities, and world-changing innovations to create an accessible, eight-step program to increase anyone's creative potential. Sawyer reveals the surprising secrets of highly creative people (such as learning to ask better questions when faced with a problem), demonstrates how to come up with better ideas, and explains how to carry those ideas to fruition most effectively. This science-backed, step-by-step method can maximize our creative potential in any sphere of life. Offers a proven method for developing new ideas and creative problem-solving no matter what your profession. Includes an eight-step method, 30 practices, and more than 100 techniques that can be launched at any point in a creative journey. Psychologist, jazz pianist, and author Keith Sawyer studied with world-famous creativity expert Mihaly Csikszentmihalyi. Sawyer's book offers a wealth of easy-to-apply strategies and ideas for anyone who wants to tap into their creative power.

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### **When: The Scientific Secrets of Perfect Timing**

An indispensable guide for any recent graduate that provides simple, easy-to-follow rules for making smart personal finance choices during the first decade of one's career. • Demonstrates how simple choices, especially in the years after college, can guarantee (barring misfortunes such as catastrophic illness or drug addiction) a lifelong, healthy relationship with money • Illustrates how to apply the attitudes inherent in modesty, skepticism, and optimism to all financial decision-making, both upon graduating and in the future • Includes a math refresher for understanding the basic principles of interest rates, credit card debt, investment, and retirement savings • Demystifies without boring, simplifies without condescending to, and above all highlights the relevance and practical applications of financial planning during one's first ten years out of school

### **The Normal Bar**

Feldhahn has identified twelve powerful habits that the happiest marriages have in common. These little, unexpected, often overlooked actions can make a huge difference in your relationship!

### **Trophy Man**

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Women: gain control and confidence in your love lives and find the relationship you want with this modern, life-changing guide from the certified sex educator, intimacy expert, and YouTube personality. For younger generations, dating is a complicated mystery. Apps like Tinder and Bumble are supposed to foster connection, but instead serve as a reminder of how painfully single we are. Certified sexologist and intimacy coach Shan Boodram—the most sought-after sex educator on the internet—is about to change all that. In this essential how-to guide, she addresses the realities of life today—when the rules of love and attraction are fluid—and teaches a group of young women how to become master daters in just sixty days. It starts with you. Shan makes clear that love and self-discovery go hand in hand—your dating life is just as much about you as it is about other people. She challenges you to look inside yourself for what you want out of a partner, a relationship and, most important, yourself. Once you figure out what you want from dating, she shows you exactly how to get it. *The Game of Desire* empowers you to take the lead, learn your strengths, and identify and correct your weaknesses, all the while getting inspired watching a group of women learn how to succeed in today's dating pool. While many books tell women why they can't get a date, Shan teaches you the skills and techniques necessary to take charge in today's competitive and often confusing dating scene, providing the tools essential to attract—and retain—the partner(s) you want. From learning love languages to debunking dating myths, she helps women build knowledge and confidence. Featuring conversational case studies, comprehensive facts about the psychology

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of sex and romance, and expert insight into sex culture, and written with her trademark humor and charm, *The Game of Desire* is a must for all of Shan's fans and for every woman struggling to feel loved and desired.

### **The Empowered Wife**

Over 90 percent of couples experience some level of tension around money. In fact, money issues are the number one stressor in relationships. So many books try to fix the surface problems, such as how to budget and what to prioritize when it comes to finances, but the issues go much deeper than just a simple spreadsheet. How do men and women view money differently? What do most couples fight about? How can they get on the same page? What questions should men/women ask their significant others before marriage? There are emotional and spiritual components to finances that most couples ignore. How can you agree on a budget if you disagree with each other on the basic purpose of money? *Thriving in Love and Money* is based on original research Shaunti and Jeff Feldhahn have conducted to get to the heart of these issues. And just as they did with their bestselling books *For Women Only* and *For Men Only*, they will use this research to provide the answers and insights you need to break the tension and provide the unity you're looking for. Let this book deepen your understanding of each other, leading to clear communication, peace as a couple, and better financial decision-making. Also available: video curriculum and workbook.

## **The Land of Stories: The Wishing Spell**

The bestselling author of *The Millionaire Next Door* reveals easy ways to build real wealth. With well over two million of his books sold, and huge praise from many media outlets, Dr. Thomas J. Stanley is a recognized and highly respected authority on how the wealthy act and think. Now, in *Stop Acting Rich ? and Start Living Like a Millionaire*, he details how the less affluent have fallen into the elite luxury brand trap that keeps them from acquiring wealth and details how to get out of it by emulating the working rich as opposed to the super elite. Puts wealth in perspective and shows you how to live rich without spending more. Details why we spend lavishly and how to stop this destructive cycle. Discusses how being "rich" means more than just big houses and luxury cars. A defensive strategy for tough times, *Stop Acting Rich* shows readers how to live a rich, happy life through accumulating more wealth and using it to achieve the type of financial freedom that will create true happiness and fulfillment.

## **Thriving in Love and Money**

Draws on a renowned gerontologist's extensive discussions with hundreds of senior-aged Americans to reveal wisdom gleaned from their experiences with everything from families and finances to careers and aging, in a lifestyle primer that shares

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key principles based on the most commonly imparted advice. Reprint. 100,000 first printing.

### **How to Win at College**

“Where does ‘highly happy’ come from—and can we have some too?!” Have you ever looked at a blissfully married couple and thought, I wish I could know their secret? Now you can. After years of investigative research, Shaunti reveals twelve powerful habits that the happiest marriages have in common. Best news of all? Anyone can learn the secrets of a highly happy marriage! In *The Surprising Secrets of Highly Happy Marriages*, Shaunti Feldhahn shares her findings about little, very unexpected, often overlooked actions that make a huge difference. You’re about to discover that highly happy couples: • Go to bed mad • Keep score (just not in the way you think) • Boss their feelings around • Have factual fantasies • Get in over their heads • Don’t tell it like it is • Don’t look to marriage to make them happy... Packed with eye-opening research and practical helps, this book delivers relationship insights that will take your marriage from “just fine” to “just the marriage we’ve always wanted.”

### **The Financial Rules for New College Graduates: Invest before Paying Off Debt—and Other Tips Your Professors Didn't Teach**

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### **You**

"In 1963, thirteen-year-old Arthur is sentenced to community service helping the neighborhood Junk Man after he throws a brick at the old man's head in a moment of rage, but the junk he collects might be more important than he suspects. Inspired by the work of American folk artist James Hampton"--

### **Rhode Island History!**

Build high-performing teams with an evidence-based framework that delivers results Committed is a practical handbook for building great teams. Based on research from Wharton's Executive Development Program (EDP), this concise guide identifies the common challenges that arise when people work together as a group and provides key guidance on breaking through the barriers to peak performance. Committed draws its insights from the EDP's living lab: an intensive two-week simulation during which executive-level participants run complex global businesses. The authors have observed over 100 teams collaborating and competing for over 100 combined years in this intense environment. It has yielded fundamental insights about teamwork: what usually goes wrong, what frequently goes right, and the methods and techniques that will help you access your team's full potential. These insights have been distilled into a simple, repeatable process

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that you can start applying today. Getting teams engaged and aligned is hard. Committed will give you the tools you need to deal with all of the familiar teamwork challenges that get in the way: organizational politics, delegation, coordination, and aligning skills and motivation. Using vivid stories and examples from the worlds of business, sports, and non-profits, it will teach you how to: Understand the dynamics of successful teams Achieve peak performance using a research-backed methodology Gain expert insight into why most teams underperform Learn the critical points common to all great teams Committed gives you the perspective you need to combine the right people with the right way of collaborating to achieve extraordinary results.

### **The Cheapskate Next Door**

Achieve the best health of your life by following in the footsteps of people who never get sick. Some take a daily nap. Or a cold shower. Some do yoga, lift weights, swear by brewer's yeast. And one dunks his head in hydrogen peroxide—he hasn't had a cold in two decades. In profiles of twenty-five people who never get sick and revealing their secrets and practices, Gene Stone covers the surprising science of personal health. The stories make it real, the research explains why, and the do-it-yourself information shows how to bring each secret into your own life. It's your turn to become a person who never gets sick.

## **The Secrets of Happy Families**

The old adage is ingrained in us that if you don't have anything nice to say then don't say anything at all. While this advice may work for home life, as Kim Scott has seen first hand, it is a disaster when adopted by managers in the work place. Scott earned her stripes as a highly successful manager at Google before moving to Apple where she developed a class on optimal management. Radical Candor draws directly on her experiences at these cutting edge companies to reveal a new approach to effective management that delivers huge success by inspiring teams to work better together by embracing fierce conversations. Radical Candor is the sweet spot between managers who are obnoxiously aggressive on the one side and ruinously empathetic on the other. It is about providing guidance, which involves a mix of praise as well as criticism - delivered to produce better results and help employees develop their skills and boundaries of success. Great bosses have a strong relationship with their employees, and Scott has identified three simple principles for building better relationships with your employees: make it personal, get stuff done, and understand why it matters. Radical Candor offers a guide to those bewildered or exhausted by management, written for bosses and those who manage bosses. Drawing on years of first hand experience, and distilled clearly to give actionable lessons to the reader, Radical Candor shows how to be successful while retaining your integrity and humanity. Radical Candor is the perfect handbook for those who are looking to find meaning in their job and create

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an environment where people both love their work, their colleagues and are motivated to strive to ever greater success.

### **Drive**

Is the millionaire next door still out there today? The latest research from Dr. Thomas J. Stanley and his daughter, Dr. Sarah Stanley Fallaw, confirms that, yes, the millionaire next door is alive and well. And he's achieving his financial objectives much the same way he always has: by living below his means, being a contrarian in a maelstrom of hyper-consumption, and being disciplined in reaching his financial goals. The book examines wealth in America 20 years after Dr. Stanley's groundbreaking work on self-made affluence. While a new generation of household financial managers are being inundated with the proliferation financial advice, *The Next Millionaire Next Door* provides readers with an analysis of what it takes to achieve wealth with data-based conclusions and evidence from those who have built wealth on their own over the last two decades. In this current work, the authors detail how specific decisions, behaviors, and characteristics align with the discipline of wealth building, covering areas such as consumption, budgeting, careers, investing, and financial management in general. Through case studies, survey research, and a careful examination of quantitative studies of wealth, the authors illustrate what it takes to achieve financial success today, regardless of market conditions or rising costs.

## **The Secrets of People Who Never Get Sick**

Stressless Success will leave you with the incredible ability to elevate your thoughts, emotions, and energy in a way that allows your life to flow with ease instead of stress. The time is now to discover the surprising secrets that will change and improve your life forever

## **Strange Bedfellows**

In *The Secrets of Happy Families*, New York Times bestselling author Bruce Feiler has drawn up a blueprint for modern families — a new approach to family dynamics, inspired by cutting-edge techniques gathered from experts in the disciplines of science, business, sports, and the military. The result is a funny and thought-provoking playbook for contemporary families, with more than 200 useful strategies, including: the right way to have family dinner, what your mother never told you about sex (but should have), and why you should always have two women present in difficult conversations... Timely, compassionate, and filled with practical tips and wise advice, Bruce Feiler's *The Secrets of Happy Families: Improve Your Mornings, Rethink Family Dinner, Fight Smarter, Go Out and Play, and Much More* should be required reading for all parents.

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### **Charlie and the Great Glass Elevator**

What bestselling author Feldhahn's research reveals about the inner lives of men will open women's eyes to what the men in their lives--boyfriends, brothers, husbands, and sons--are "really" thinking and feeling.

### **The Surprising Secrets of Highly Happy Marriages**

The "Best Relationship Book of 2008" is now in paperback Drs. Charles and Elizabeth Schmitz's award-winning book reveals how to sustain a long-term loving marriage. In addition to exploring the seven key ingredients that define a successful marriage—togetherness, truthfulness, respect and kindness, staying fit, joint finances, tactile communication, and surprise and unpredictability—the authors have included hundreds of insightful and practical interviews with happy couples. Focuses on what's right about a successful relationship, rather than what's wrong Written by a popular and very active couple known as "the marriage doctors," who lead lectures, training, workshops, and other events every week all over the country Contains candid interviews with a diverse collection of happily married couples from around the world This book offers a positive, upbeat approach to living happily ever after.

## **The Next Millionaire Next Door**

### **For Men Only**

Watch a video Watch a Fox News segment on The Longevity Project. This landmark study--which Dr. Andrew Weil calls "a remarkable achievement with surprising conclusions"--upends the advice we have been told about how to live to a healthy old age. We have been told that the key to longevity involves obsessing over what we eat, how much we stress, and how fast we run. Based on the most extensive study of longevity ever conducted, The Longevity Project exposes what really impacts our lifespan-including friends, family, personality, and work. Gathering new information and using modern statistics to study participants across eight decades, Dr. Howard Friedman and Dr. Leslie Martin bust myths about achieving health and long life. For example, people do not die from working long hours at a challenging job- many who worked the hardest lived the longest. Getting and staying married is not the magic ticket to long life, especially if you're a woman. And it's not the happy-go-lucky ones who thrive-it's the prudent and persistent who flourish through the years. With questionnaires that help you determine where you are heading on the longevity spectrum and advice about how to stay healthy, this book changes the conversation about living a long, healthy life.

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### **The Culture Code**

Shares strategies for spending less and saving more in household spending while pursuing spiritual and ethical sources of personal satisfaction.

### **The Seventh Most Important Thing**

You're attractive, fun to be around, and accomplished. Life is great. But it would be perfect if you had a partner by your side: a man with brains, ambition, a successful career, and eyes for you only. Problem is, where do you find a brother like that? And how do you make him realize that you're the one he should spend his life with? Drawing on extensive interviews with black women married to top-notch doctors, lawyers, businessmen, athletes, educators, and politicians -- women who've been there and know -- Joy McElroy provides proven methods any woman can use to make a successful match. Always straightforward, always plainspoken, Joy gives you the information you need, including: Where to meet professional African American men How to date with a purpose How much to reveal about past love affairs You don't have to settle! Trophy Man is just the secret weapon you need to find a husband with a loving heart.

### **Building a Love that Lasts**

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From the bestselling author of *Charlie and the Chocolate Factory* and *The BFG!* Last seen flying through the sky in a giant elevator in *Charlie and the Chocolate Factory*, Charlie Bucket's back for another adventure. When the giant elevator picks up speed, Charlie, Willy Wonka, and the gang are sent hurtling through space and time. Visiting the world's first space hotel, battling the dreaded Vermicious Knids, and saving the world are only a few stops along this remarkable, intergalactic joyride.

### **The Secret Life of the Grown-up Brain**

The instant New York Times Bestseller #1 Wall Street Journal Business Bestseller Instant Washington Post Bestseller "Brims with a surprising amount of insight and practical advice." --The Wall Street Journal Daniel H. Pink, the #1 bestselling author of *Drive* and *To Sell Is Human*, unlocks the scientific secrets to good timing to help you flourish at work, at school, and at home. Everyone knows that timing is everything. But we don't know much about timing itself. Our lives are a never-ending stream of "when" decisions: when to start a business, schedule a class, get serious about a person. Yet we make those decisions based on intuition and guesswork. Timing, it's often assumed, is an art. In *When: The Scientific Secrets of Perfect Timing*, Pink shows that timing is really a science. Drawing on a rich trove of research from psychology, biology, and economics, Pink reveals how best to live, work, and succeed. How can we use the hidden patterns of the day to build the

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ideal schedule? Why do certain breaks dramatically improve student test scores? How can we turn a stumbling beginning into a fresh start? Why should we avoid going to the hospital in the afternoon? Why is singing in time with other people as good for you as exercise? And what is the ideal time to quit a job, switch careers, or get married? In *When*, Pink distills cutting-edge research and data on timing and synthesizes them into a fascinating, readable narrative packed with irresistible stories and practical takeaways that give readers compelling insights into how we can live richer, more engaged lives.

### **The Millionaire Next Door**

"A toolkit for building a cohesive, innovative and successful group culture, from the New York Times bestselling author of *The Talent Code*. Daniel Coyle spent three years researching the question of what makes a successful group tick, visiting some of the world's most productive groups--including Pixar, Navy SEALs, Zappos, IDEO, and the San Antonio Spurs. Coyle discovered that high-performing groups relentlessly generate three key messages that enable them to excel: 1) Safety - we are connected. 2) Shared Risk - we are vulnerable together. 3) Purpose - we are part of the same story. Filled with first-hand reporting, fascinating science, compelling real-world stories, and leadership tools that can apply to businesses, schools, sports, families, and any kind of group, *The Culture Code* will revolutionize how you think about creating and sustaining successful groups"--

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### **The Good News about Marriage**

According to the Department of Labor, the average woman in 1998 was bringing home less than \$25,000 a year. For every dollar that a man makes, a woman makes between 50 and 75 cents, and that is hardly news. But what you may not know is that, quietly and steadily, the number of women making six figures or more is rapidly increasing. Currently, over fifteen million women make \$100,000 or more, and the number continues to rise at a rate faster than for men. And these women come from every industry - psychologists, dot com founders, consultants, freelance writers, and even part-timers. What makes these particular women able to do so well in the workplace? Fueled by curiosity, Barbara Stanny, author of *Price Charming Isn't Coming: How Women Get Smart About Money* (Viking Penguin), set out to research this phenomenon. What she discovered was that, though the high-earning women she interviewed came from different backgrounds and had had greatly different work experiences, they all had certain characteristics in common. *Secrets of Six Figure Woman: Surprising Strategies of the Successful High Earners* will be a ground breaking book for high earners who want to ensure their wealth, enhance their success, and learn from others who are in the same boat. It will also offer inspiration, guidance, and motivation to those who aspire to make more.

### **Committed Teams**

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Based on data obtained from nearly 100,000 respondents, here is the ultimate resource for anyone who wants to learn the relationship-tested ways couples can achieve satisfaction and contentment in areas such as communication, sex, affection, and financial cooperation. What constitutes “normal” behavior among happy couples? What steps you should take if that “normal” is one you want to strive for? To help answer those questions, wellness entrepreneur Chrisanna Northrup teamed with two of America’s top sociologists, Yale Ph.D. Pepper Schwartz and Harvard Ph.D. James Witte, to design a unique interactive survey that would draw feedback from around the world. What has resulted is the clearest picture yet of how well couples are communicating, romancing each other, satisfying each other in the bedroom, sharing financial responsibilities, and staying faithful – or not. Since the Normal Bar survey methodology sorts for age and gender, racial and geographic differences and sexual preferences, the authors are able to reveal , for example, what happens to passion as we grow older, which gender wants what when it comes to sex, the factors that spur marital combat, how kids figure in, how being gay or bisexual turns out to be both different and the same, and –regardless of background -- the tiny habits that drive partners absolutely batty. The book is dense with revelations, from the unexpected popularity of certain sexual positions, to the average number of times happy – and unhappy -- couples kiss, to the prevalence of lying, to the surprising loyalty most men and women feel for their partner (even when in a deteriorating relationship), to the vivid and idiosyncratic ways individuals of different ages, genders and

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nationalities describe their “ideal romantic evening.” Much more than a peek behind the relationship curtain, *The Normal Heart* offers readers an array of prescriptive tools that will help them establish a “new normal.” Mindful of what keeps couples stuck in ruts, the book’s authors suggest practical and life-changing ways to break cycles of disappointment and frustration.

### **For Women Only, For Men Only, and For Couples Only Participant's Guide**

"Lessons from the Prairie delivers one belly laugh after another as Melissa tees up an easy-to-follow, step-by-step guide to tackling life's toughest challenges, and making your life happier." - Megyn Kelly For fans of the beloved TV show *Little House on the Prairie*, a self-help book by Melissa Francis, bestselling author of *Diary of a Stage Mother's Daughter* and child star of *Little House*, revealing important life lessons inspired by a childhood on set. Melissa Francis was only eight years old when she won the role of a lifetime: playing Cassandra Cooper Ingalls on the world's most famous prime-time soap opera, *Little House on the Prairie*. Now in *Lessons from the Prairie*, she shares behind-the-scenes stories from the set, and lessons learned from the show's dynamic creator, Michael Landon, that have echoed throughout Melissa's adult life. With novel insights on hard work, making mistakes, and even spirituality, Francis shares inspirational and practical life

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lessons that will appeal both to her current TV fans, and fans of one of the most adored TV shows of all time.

### **The Surprising Secrets of Highly Happy Marriages**

With curiosity and wit, *Strange Bedfellows* rips back the bedsheets to expose what really happens when STDs enter the sack. Sexually transmitted diseases have been hidden players in our lives for the whole of human history, with roles in everything from World War II to the growth of the Internet to *The Bachelor*. But despite their prominence, STDs have been shrouded in mystery and taboo for centuries, which begs the question: why do we know so little about them? Enter Ina Park, MD, who has been pushing boundaries to empower and inform others about sexual health for decades. With *Strange Bedfellows*, she ventures far beyond the bedroom to examine the hidden role and influence of these widely misunderstood infections and share their untold stories. Covering everything from AIDS to Zika, Park explores STDs on the cellular, individual, and population-level. She blends science and storytelling with historical tales, real life sexual escapades, and interviews with leading scientists—weaving in a healthy dose of hilarity along the way. The truth is, most of us are sexually active, yet we're often unaware of the universe of microscopic bedfellows inside our pants. Park aims to change this by bringing knowledge to the masses in an accessible, no-nonsense, humorous way—helping readers understand the broad impact STDs have on our lives, while

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at the same time erasing the unfair stigmas attached to them. A departure from the cone of awkward silence and shame that so often surrounds sexual health, *Strange Bedfellows* is the straight-shooting book about the consequences of sex that all curious readers have been looking for.

### **Only the Crazy and Fearless Win BIG!**

The essential guide to getting ahead once you've gotten in—proven strategies for making the most of your college years, based on winning secrets from the country's most successful students “Highly recommended because it is full of practical tips that will help high school grads take the next step in life.”—Money

How can you graduate with honors, choose exciting activities, build a head-turning resume, gain access to the best post-college opportunities, and still have a life? Based on interviews with star students at universities nationwide, from Harvard to the University of Arizona, *How to Win at College* presents seventy-five simple rules that will rocket you to the top of your class. These often surprising strategies include:

- Don't do all your reading
- Drop classes every term
- Become a club president
- Care about your grades, Ignore your GPA
- Never pull an all-nighter
- Take three days to write a paper
- Always be working on a “grand project”
- Do one thing better than anyone else you know

Proving you can be successful and still have time for fun, *How to Win at College* is the must-have guide for making the most of these four important years—and getting and edge on life after graduation.

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“This deliberately provocative book is a good way for a smart student to see how out-of-the-box thinking can lead to success in college.”—Seattle Times

### **Always Eat Left Handed**

The New York Times bestseller that gives readers a paradigm-shattering new way to think about motivation from the author of *When: The Scientific Secrets of Perfect Timing* Most people believe that the best way to motivate is with rewards like money—the carrot-and-stick approach. That's a mistake, says Daniel H. Pink (author of *To Sell Is Human: The Surprising Truth About Motivating Others*). In this provocative and persuasive new book, he asserts that the secret to high performance and satisfaction—at work, at school, and at home—is the deeply human need to direct our own lives, to learn and create new things, and to do better by ourselves and our world. Drawing on four decades of scientific research on human motivation, Pink exposes the mismatch between what science knows and what business does—and how that affects every aspect of life. He examines the three elements of true motivation—autonomy, mastery, and purpose—and offers smart and surprising techniques for putting these into action in a unique book that will change how we think and transform how we live.

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