

Get Free Dr Miriam Stoppards Drug Info File From Alcohol And Tobacco To Ecstasy And Heroin

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The Junk Food Diet
Television & Radio
Australian National Bibliography
Menopause
Ralph's the Complete Guide to Pills
Anorexia Nervosa
Dr. Miriam Stoppard's Pregnancy and Birth Book
Drugs on the Street
The Complete Guide to Pills
Film, Video and Multimedia Guide
Healthy Food in Half an Hour
The Crying Baby
Joe Graedon's The New People's Pharmacy
Science and Technology Annual Reference Review
Quill & Quire
Australian Drugs Info File
The Breast Book
The Consumer Health Information Source Book
The Journal of the Royal College of General Practitioners
Living with Stress
Down's Syndrome
The British National Bibliography
Questions Children Ask and How to Answer Them
Everygirl's Lifeguide
Being a Well Woman
Everywoman's Lifeguide
Menopause
Medical Books and Serials in Print, 1979
Breast Health Handbook
Every Girl's Life Guide
Graduate Woman
Catalog of Copyright Entries. Third Series
Conception, Pregnancy & Birth
New Babycare
Houston Parents' Grapevine
The Journal of the Law Society of Scotland
The Publishers' Trade List Annual
The Parent's Desk Reference
The best years of your life
Health Information Resources

The Junk Food Diet

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Television & Radio

Australian National Bibliography

A down-to-earth guide to everything you really want to know about periods, skin care, relationships, exams, and much, much more From menstruation to masturbation, losing your virginity, experimenting with drugs and alcohol, exercise, and good skin care, Dr Stoppard addresses all the new experiences that come into a girl's life when she moves into her teen years.

Menopause

Ralph's the Complete Guide to Pills

Anorexia Nervosa

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Dr. Miriam Stoppard's Pregnancy and Birth Book

DRUGS ON THE STREET explores, in eye-opening detail, a problem faced by young people all around the world. It tackles subjects such as: the circumstances that lead people to abuse or deal in drugs; the physical, psychological and social effects of addiction; and how drug crime operates on an international scale, and how it affects individuals. The VOICES series brings alive a range of modern-day issues - many of them highly controversial - and aims to stimulate debate and discussion. Firsthand quotes from young people and figures in authority present often opposing views, and offer a global perspective on a wide variety of questions relating to each topic. Summaries of statistics complement the text and provide further food for thought.

Drugs on the Street

Helps parents interpret a baby's cries and find ways to meet the child's needs, while also dealing with their own guilt, frustration, anger, and exhaustion

The Complete Guide to Pills

With more than 1,700 entries, this comprehensive guide is cross-referenced with

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easy-to-read charts and a 32-page color insert. Every entry includes adult and child dosages, what to do in case of a missed dose, overdose symptoms, common and less common side effects, possible allergic reactions, interactions with food, alcohol, and other drugs, and special precautions.

Film, Video and Multimedia Guide

An encyclopedia about parenting with over 2,000 entries covering all aspects of child rearing from A to Z.

Healthy Food in Half an Hour

The Crying Baby

Joe Graedon's The New People's Pharmacy

Science and Technology Annual Reference Review

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This is an illustrated guide to managing the menopause. Separating fact from fiction, myths from misinformation, it makes women aware of the change - physical, sexual and mental - that they may experience during the menopause. And it informs them about medical and effective self-help measures they can take.

Quill & Quire

Gail Sheehy broke the silence with "The Silent Passage; Germain Greer challenged our preconceptions in "The Change; and now best-selling author Dr. Miriam Stoppard offers a practical approach designed to guide women through the menopause. "The Practical Guide "to the Menopause contains chapters explaining exactly what happens during the change, how to prepare for it, and how to recognize, manage and enjoy this new period of life to the fullest. Features include: Preparing for the menopause Watching out for symptoms Common medical complaints How to maintain sexuality What to expect beyond the menopause As with Miriam Stoppard's best-selling "The Magic of Sex, there are hundreds of helpful and clear photographs and diagrams throughout. Women will find it an invaluable resource and guide.

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The Breast Book

Incorporates the latest medical information on pregnancy and childbirth into this illustrated guide that covers everything from prenatal care and prepared childbirth techniques to the first days after delivery

The Consumer Health Information Source Book

New Babycare is revised edition of Dr. Miriam Stoppard's classic babycare companion. This book offers the latest advice on all aspects of babycare, from feeding, washing, and dressing to how to express breast milk, how to give your baby medicine, dealing with sleeping problems, and more. Dr. Miriam Stoppard is a best-selling medical writer and broadcaster, and in her daily column for the UK newspaper The Mirror, she has helped millions of people deal with life's emotional problems and health issues. Well known for her practical, sympathetic approach to childcare, her aim is to give readers "the confidence to follow their own instincts." Miriam Stoppard has been at the forefront of the revolution in health information since she began her writing and broadcasting career in the early 1970s.

The Journal of the Royal College of General Practitioners

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A guide to breast care and health for women of all ages addresses common concerns and covers sexuality, breastfeeding, cosmetic surgery, and cancer

Living with Stress

Defines the dietary chaos syndrome and the causes, physical and psychological characteristics, familial impact, and treatment of anorexia nervosa in nontechnical language designed for the general public

Down's Syndrome

Where did I come from? What happens when you die? What's divorce? From the moment children can formulate questions they begin to bombard their parents with "Why?" "What?" "Where" and "How?" Naturally curious they often catch us off guard leaving us unsure of how to answer their questions with an appropriate response. Fully revised and updated for the digital age, this new edition of Dr Miriam Stoppard's essential parenting manual provides age-appropriate answers to a huge range of challenging questions. Drawing from extensive research in child development and specifically on what children can handle at each age, Stoppard offers parents a foundation on which they can build their own answers as their child's understanding expands.

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The British National Bibliography

Widely accepted as the definitive guide to pregnancy and childbirth, Dr. Miriam Stoppard's *Conception, Pregnancy, and Birth* has sold well over a million copies since it was first published. This new edition has not only been given a completely new look with stunning new photography but it has also been updated and re-written with 20-25 percent new material. New information will cover the latest developments in pregnancy and birth, from up-to-date research on how your stress levels can affect your unborn baby to new developments in delivering your baby.

Questions Children Ask and How to Answer Them

Everygirl's Lifeguide

The essential straight-talking guide to drugs for all young Australians - hard facts, practical advice and life-saving survival tactics. Foreword written by Dr Alex Wodak, Director, Drug and Alcohol Service, St. Vincent's Hospital, Sydney.

Being a Well Woman

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Everywoman's Lifeguide

Menopause

Medical Books and Serials in Print, 1979

Films, videos and multimedia products released in Australia, in the last 18 months. 6,000 titles include feature films, documentaries, educational titles, etc. Lists where titles can be borrowed or bought in Australia and New Zealand. Has title, category (i.e. subject), country and director indexes. Includes summaries.

Breast Health Handbook

Every Girl's Life Guide

How can an award-winning source book that helps consumers find health information be improved? Health expert Alan Rees has done just that in his sixth edition by providing practical advice on using the Internet, tips on where to find

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Spanish-language health pamphlets, and recommendations on what's most important in the world of alternative medicine. The sixty edition provides users with an annotated guide to health-related resources-hotlines, newsletters, pamphlets, Web sites, CD-ROMS, magazines, books, and more! Readers are given a description on each resource and how to best use it.

Graduate Woman

Provides information on topics such as eating disorders, menstruation, skin care, relationships, and sex

Catalog of Copyright Entries. Third Series

Conception, Pregnancy & Birth

This guide to prescription and over-the-counter-drugs includes evaluations of name brand products, a drug interaction guide, and explanations of recent medical discoveries

New Babycare

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Houston Parents' Grapevine

The Journal of the Law Society of Scotland

The Publishers' Trade List Annual

This breast health handbook is a readable, concise, practical and non-scary book which has everything readers need to know about taking care of their breasts. It covers everything from self-examinations and finding lumps to operations and treatment

The Parent's Desk Reference

The best years of your life

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Health Information Resources

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